


Is Your Choice to Live at Home Independently?



Mountain State Home Health Care can assist you in living independently in your own home. We offer personal care services, environmental assistance, and companionship to assist aged and disabled individuals in living at home.

Mountain State Home Health Care provides a range of services comparable to those services provided in a nursing facility. Specifically, our services include:

- Assistance with personal hygiene
- Nutritional services which include meal preparation and feeding
- Arrangements for medical and nursing care
- Medication administration and supervision
- Environmental maintenance necessary for individuals to remain in their homes
- Transportation to medical appointments and errands



What are the Benefits of Assisted Independent Living?

The benefits of personal care and environmental assistance are:

- Cost to the individual is less than Nursing Home placement
- Individuals receive quality care in their homes rather than an institution
- Informal supports (family/friends) are allowed to actively participate in individuals care and environmental management
- Individuals remain independent longer and actively participate in care planning
- Individuals are allowed the Freedom of Choice to select care providers
- Managed Care by qualified Registered Professional Nurse teams work together for the benefit of the individual
- Certified Homemakers (CHM) and Certified Nursing Assistants (CNA) providing quality care for individual
- Individuals participate in planning their service hours and tasks that CHM's and CNA's will complete during service hours
- Independent freedom in the individual's home environment



Who will provide your care and assistance in your home?

- Certified Homemakers and Certified Nursing Assistants will provide your care
- All care providers are supervised by Registered Professional Nurses
- All care providers receive on going in-service training to keep them up to date and informed
- All care providers are evaluated by Registered Professional Nurses and clients throughout the year for performance and quality of care
- Individuals have the freedom of choice to request their care provider
- Staffing Coordinators are available 24 hours a day to assure quality care providers are available when needed
- Registered Professional Nurses will assist with care planning and instructing care providers in your needs
- Registered Professional Nurses will assess your medical and environmental needs
- Registered Professional Nurses are on call 24 hours a day for consultation when need by care providers and /or clients

How much will quality in home care cost?

Mountain State Home Health Care will assist you in obtaining quality professional care at affordable costs.

- Private pay services are far less expensive than nursing home care
- Mountain State Home Health Care will help you develop a plan of care to meet your needs
- Cost is determined by the level of care required
- A representative from Mountain State Home Health Care will come to your home and help you develop a plan to meet those needs



About Mountain State Home Health Care

- We are a locally owned and operated corporation providing services in 22 southern West Virginia Counties.
- Mountain State Home Health Care's staff includes approximately 300 qualified Certified Homemakers and Certified Nursing Assistants
- Mountain State Home Health Care is a provider of Medicaid Title XIX, RFTS services, Long Term Care Insurance Personal Care Services, Workers' Compensation Attendant Care Services, Birth to Three Care Coordination, Private Pay Personal Care Services, and Veterans Homemaker Services.
- Mountain State Home Health Care contracts with other agencies to provide a wide range of personal care and private pay services.
- We strive to meet to meet the individual needs of each and every client serviced.

If you know of any individuals who need quality personal care and environmental assistance please contact Mountain State Home Health Care, Inc. We will be glad to assist these individuals with obtaining the quality services they deserve.

***Mountain State
Home Health Care, Inc.***

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Caring for the Elderly and Disabled in West Virginia



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Mountain State Home Health Care, Inc.



**Long Term Care Insurance
and Private Pay Services**

**Servicing Twenty-Two
Southern West Virginia Counties
Since 1992**

Locally Owned and Operated

